Begin with a BAGEL

BAKER'S DOZEN 10.99
SINGLE BAGEL 1.59
270-340 CAL.

CREAM CHEESE
BAGEL WITH ANY CREAM CHEESE 3.19
Plain
Light Plain
Garden Veggie
Honey Walnut
Isopedia
Light Herb Garlic
Onion and Chive
Strawberry
360-490 CAL.

or a SPREAD
Butter 330-430 CAL. 2.49
Honey 330-430 CAL. 2.49
Jelly 330-430 CAL. 2.49
Peanut Butter 2.49
520-580 CAL.

all-day BREAKFAST SANDWICHES

EGG, CHEESE & BACON 5.19 | 400-510 CAL.
on a bagel.
Or substitute ham or sausage.

THE WESTERN 5.19 | 640-700 CAL.
Egg, bacon, cheddar, chipotle sauce, green
pepper, red pepper and red onion on a bagel

PASTRAMI, EGG & SWISS 5.19 | 460 CAL.
Egg, pastrami and swiss on a pumpernickel bagel

SRIRACHA EGG 5.19 | 620-680 CAL.
Egg, cheddar, sausage, red pepper
and sriracha sauce on a bagel

Heart Tucson Favorites

CHORIZO JACK 5.19 | 650-710 CAL.
Egg, pepper jack, chorizo, and
jalapeno cream cheese on a bagel

HUEVOS RANCHEROS 5.19 | 475-700 CAL.
Egg, jalapeno cream cheese, salsa, and
choice of bacon, ham or sausage on a bagel

RIO GRANDE WRAP 5.69 | 520-680 CAL.
Two eggs, jalapeno cream cheese, red peppers, and
choice of bacon, ham or sausage in a warm wrap

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.
LUNCH

classics

TURKEY IN THE SLAW 7.29 | 530 CAL.
Turkey, muenster, apple cider coleslaw and honey mustard, grilled on wheat bread

PASTRAMI & SWISS MELT 7.29 | 530 CAL.
Pastrami, swiss, apple cider cole slaw and spicy brown mustard, grilled on rye

TARRAGON CHICKEN SALAD 7.29 | 530 CAL.
Diced chicken, almonds, red onions, cranberries, lemon tarragon mayo, tomatoes and lettuce on wheat bread

HERBY TURKEY 6.69 | 570 CAL.
Roasted turkey, light herb garlic cream cheese, sundried tomato spread, lettuce and red onions on a sesame bagel

SRIRacha BLUES 7.29 | 530 CAL.
Grilled chicken breast, Swiss, tomato, arugula and sriracha blue cheese mayo on a ciabatta roll

LEONARDO DA VEGGIE 5.99 | 490 CAL.
Light herb garlic cream cheese, red peppers, muenster cheese, lettuce, tomato and red onion on an asiago parmesan bagel

SMOKED SALMON 7.99 | 460 CAL.
12-hour oak-smoked salmon, plain cream cheese, tomato, red onion and capers on a plain bagel

BUILD YOUR OWN deli sandwiches

<table>
<thead>
<tr>
<th></th>
<th>Bagel</th>
<th>Bread</th>
</tr>
</thead>
<tbody>
<tr>
<td>Turkey</td>
<td>400-490 CAL.</td>
<td>5.69</td>
</tr>
<tr>
<td>Ham</td>
<td>380-470 CAL.</td>
<td>5.69</td>
</tr>
<tr>
<td>Pastrami</td>
<td>380-460 CAL.</td>
<td>6.29</td>
</tr>
<tr>
<td>BLT</td>
<td>500-610 CAL.</td>
<td>5.69</td>
</tr>
<tr>
<td>Chicken Breast</td>
<td>520-650 CAL.</td>
<td>6.29</td>
</tr>
<tr>
<td>Garden Veggie</td>
<td>400-490 CAL.</td>
<td>5.69</td>
</tr>
</tbody>
</table>

Add cheese 110-160 cal .50

SALAD served with Bruegger bites

BLUE APPLE SALAD 7.49 | 620 CAL.
Field greens, diced grilled chicken, blue cheese, dried cranberries, sliced almonds and diced apples served with champagne vinaigrette

SOUP DAILY SELECTIONS

Cup 3.49 | 90-205 CAL.

serve with Bruegger bites.
## Coffee

<table>
<thead>
<tr>
<th></th>
<th>Regular</th>
<th>Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>House Blend</td>
<td>2.29</td>
<td>2.49</td>
</tr>
<tr>
<td>Dark Roast</td>
<td></td>
<td></td>
</tr>
<tr>
<td>House Decaf</td>
<td>2.59</td>
<td>2.79</td>
</tr>
<tr>
<td>Iced Coffee</td>
<td>5</td>
<td>10 CAL.</td>
</tr>
</tbody>
</table>

Bruegger's is proud that all our daily coffee roasts are Rainforest Alliance Certified.

## Drinks

<table>
<thead>
<tr>
<th></th>
<th>Regular</th>
<th>Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hot Chocolate</td>
<td>2.99</td>
<td>3.19</td>
</tr>
<tr>
<td>Chai Tea Latte</td>
<td>3.69</td>
<td>4.19</td>
</tr>
<tr>
<td>Iced Tea</td>
<td>1.85</td>
<td>2.05</td>
</tr>
<tr>
<td>Hot Tea</td>
<td>1.99</td>
<td></td>
</tr>
</tbody>
</table>

## Espresso

<table>
<thead>
<tr>
<th></th>
<th>Single Shot</th>
<th>Double Shot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Café Latte</td>
<td>3.79</td>
<td>4.29</td>
</tr>
<tr>
<td>Cappuccino</td>
<td>3.79</td>
<td>4.29</td>
</tr>
<tr>
<td>Mocha</td>
<td>3.79</td>
<td>4.29</td>
</tr>
<tr>
<td>Café Caramel</td>
<td>3.79</td>
<td>4.29</td>
</tr>
</tbody>
</table>

*Espresso shot, flavored syrup, whipped cream or soy milk 70-325 cal. .75