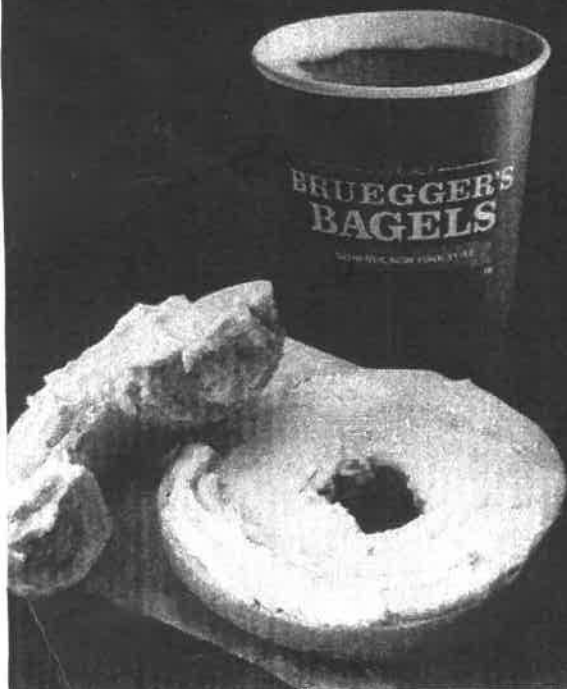


Begin with a  
**BAGEL**

**BAKER'S DOZEN** 10.99  
**SINGLE BAGEL** 1.59  
270-340 CAL.



**CREAM CHEESE**

**BAGEL WITH ANY CREAM CHEESE** 3.19

- Plain
  - Light Plain
  - Garden Veggie
  - Honey Walnut
  - Jalapeno
  - Light Herb Garlic
  - Onion and Chive
  - Strawberry
- 360-490 CAL.

or a **SPREAD**

- Butter 330-430 CAL. 2.49
  - Honey 330-430 CAL. 2.49
  - Jelly 330-430 CAL. 2.49
  - Peanut Butter 2.49
- 520-580 CAL.



all-day  
**BREAKFAST SANDWICHES**



**EGG, CHEESE & BACON** 5.19 | 400-510 CAL.  
on a bagel.  
Or substitute ham or sausage.



**THE WESTERN** 5.19 | 640-700 CAL.  
Egg, bacon, cheddar, chipotle sauce, green pepper, red pepper and red onion on a bagel



**PASTRAMI, EGG & SWISS** 5.19 | 460 CAL.  
Egg, pastrami and swiss on a pumpernickel bagel



**SRIRACHA EGG** 5.19 | 620-680 CAL.  
Egg, cheddar, sausage, red pepper and sriracha sauce on a bagel

♥ Tucson Favorites ♥



**CHORIZO JACK** 5.19 | 650-710 CAL.  
Egg, pepper jack, chorizo, and jalapeno cream cheese on a bagel



**HUEVOS RANCHEROS** 5.19 | 475-700 CAL.  
Egg, jalapeno cream cheese, salsa, and choice of bacon, ham or sausage on a bagel

**RIO GRANDE WRAP** 5.69 | 520-680 CAL.  
Two eggs, jalapeno cream cheese, red peppers, and choice of bacon, ham or sausage in a warm wrap

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

# LUNCH

## classics



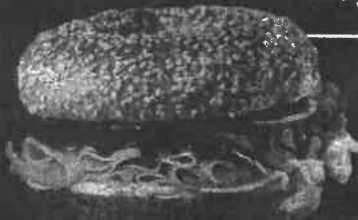
**TURKEY IN THE SLAW** 7.29 | 530 CAL.  
Turkey, muenster, apple cider coleslaw and honey mustard, grilled on wheat bread



**PASTRAMI & SWISS MELT** 7.29 | 530 CAL.  
Pastrami, swiss, apple cider cole slaw and spicy brown mustard, grilled on rye



**TARRAGON CHICKEN SALAD** 7.29 | 530 CAL.  
Diced chicken, almonds, red onions, cranberries, lemon tarragon mayo, tomatoes and lettuce on wheat bread



**HERBY TURKEY** 6.69 | 570 CAL.  
Roasted turkey, light herb garlic cream cheese, sundried tomato spread, lettuce and red onions on a sesame bagel



**SRIRACHA BLUES** 7.29 | 530 CAL.  
Grilled chicken breast, Swiss, tomato, arugula and sriracha blue cheese mayo on a ciabatta roll



**LEONARDO DA VEGGIE** 5.99 | 490 CAL.  
Light herb garlic cream cheese, red peppers, muenster cheese, lettuce, tomato and red onion on an asiago parmesan bagel

**SMOKED SALMON** 7.99 | 460 CAL.  
12-hour oak-smoked salmon, plain cream cheese, tomato, red onion and capers on a plain bagel

## BUILD YOUR OWN

### deli sandwiches



		Bagel	Bread
Turkey	400-490 CAL.	5.69	6.69
Ham	380-470 CAL.	5.69	6.69
Pastrami	380-460 CAL.	6.29	7.29
BLT	500-610 CAL.	5.69	6.69
Chicken Breast	520-650 CAL.	6.29	7.29
Garden Veggie	400-490 CAL.	5.69	6.69

Add cheese 110-160 cal .50

## SALAD

*served with Bruegger bites*

**BLUE APPLE SALAD** 7.49 | 620 CAL.  
Field greens, diced grilled chicken, blue cheese, dried cranberries, sliced almonds and diced apples served with champagne vinaigrette

## SOUP

**DAILY SELECTIONS**  
Cup 3.49 | 90-205 CAL.

*served with Bruegger bites*

cut out for soup panels  
3 strips (3.75" x 1.25") each

So  
what's



# BREWING?

## COFFEE

	regular	large
<b>HOUSE BLEND</b>	2.29	2.49
<b>DARK ROAST</b>		
<b>HOUSE DECAF</b>		
5   10 CAL.		
<b>ICED COFFEE</b>	2.59	2.79
5   10 CAL.		



Bruegger's is proud that all our daily coffee roasts are Rainforest Alliance Certified™

## DRINKS

	regular	large
<b>HOT CHOCOLATE</b>	2.99	3.19
280   350 CAL.		
<b>CHAI TEA LATTE</b>	3.69	4.19
300   360 CAL.		
<b>ICED TEA</b>	1.85	2.05
0   0 CAL.		
<b>HOT TEA</b>	0 CAL.	1.99

## ESPRESSO

<b>CAFÉ LATTE</b>	3.79	4.29
225   285 CAL.		
<b>CAPPUCCINO</b>	3.79	4.29
175   215 CAL.		
<b>MOCHA</b>	3.79	4.29
280   350 CAL.		
<b>CAFÉ CARAMEL</b>	3.79	4.29
290   355 CAL.		

**ESPRESSO** 5 | 10 cal    single shot 1.79    double shot 2.39

<b>ICED CAFÉ LATTE</b>	3.79	4.29
195   245 CAL.		
<b>ICED MOCHA</b>	3.79	4.29
250   310 CAL.		
<b>ICED CAFÉ CARAMEL</b>	3.79	4.29
260   315 CAL.		

Espresso shot, flavored syrup, whipped cream or soy milk 70-325 cal .75